



REUNION DAY 2023

CLASS OF 1953

CELEBRATING 70 YEARS

The Sisters of St. Joseph
and the Graduating Class of 1953

St. Joseph's Hospital
School of Nursing

cordially invite you to be present

at the

Graduation Exercises

Wednesday afternoon, May twenty-seventh

at three o'clock, P.M.

Auditorium
Cathedral of Christ the King
714 King Street West
Hamilton, Ontario

Reception
St. Joseph's Hospital
Undermount Residence

Graduation 1953
Wednesday May 27, 1953

Auditorium of Christ the King

Reception at Undermount
Nurses Residence



GRADUATING CLASS 1953
ST. JOSEPH'S SCHOOL OF NURSING
HAMILTON ONTARIO

John B. Baskin

FEBRUARY CLASS 1953

Emma Bognar
Colleen Birmingham
Agnes Clark
Mary Costie
Daphne Edmundson
Bernice Grecutie
Ruth Haines
Mary Hauser
Edna Johnston
Teresa Kingston
Joan Lynn
Helen Reimer
Dorothy Saunders
Betty Smith
Patricia Styres
Irene Zawada

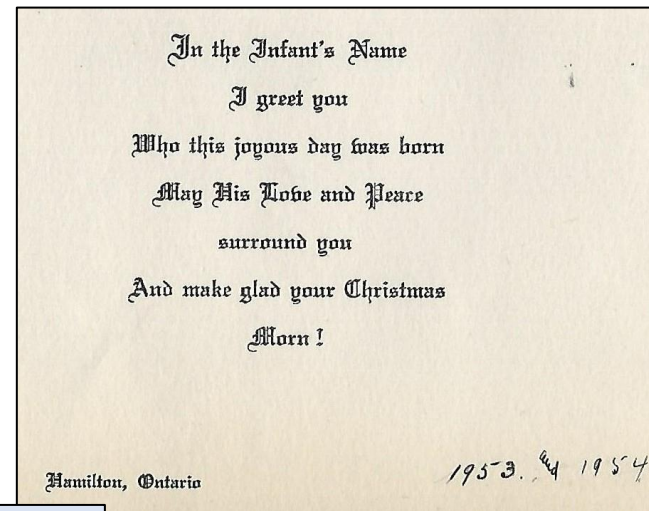
SEPTEMBER CLASS 1953

Dorothy Barker
Joyce Beckett
Margaret Brown
Pauline Cramp
Barbara Devereaux
Marilyn Erickson
Dorothy Garvey
Mary Margaret George
Marjorie Henderson
Anna Koabel
Joan Langford
Katherine MacLean
Betty McInnes
Yvonne Mehlenbacher
Olga Murmylyk
Eileen Nugent
Genevieve Pawlus
Margaret Ross
Twila Sensebaugh
Marion Stevenson
Dorothy Thompson
Jean Wadel
Joan Wilson

Beverly Barnes
Anne Brennan
Joan Convery
Theresa Damore
Vyvyan Dermody
Mary Lou Gavard
Dorothy Gibson
Mary Healey
Beverley Jennings
Mary Kowalik
Catherine McDonald
Moira McCullough
Margaret McInnes
Sheila Moffatt
Gretchen Nerlich
Jenny Pastuszek
Joyce Parkinson
Margaret Scanlon
Mary Simpson
Sylvia Stewart
Elizabeth Todd
Beverly Warrick
Lillian Van Horne



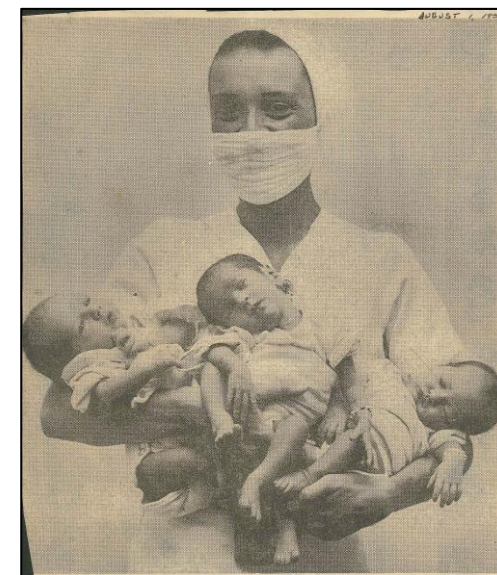
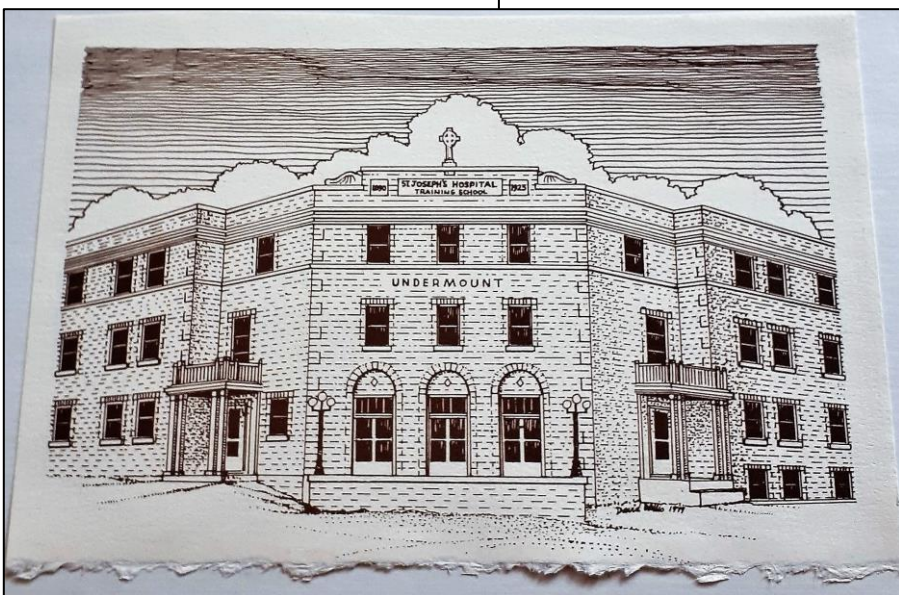
Christmas 1953



Dorothy Saunders '53

1973 – 1975 Dorothy served on the Nurses Alumnae Executive as 2nd Vice President
1976 – 1977 Dorothy served on the executive as Treasurer

Undermount Stationary



THIRTEEN FOUR DAYS OLD — Miss Mary Margaret George, Reg. N., really has her arms full with three baby siblings, born Sunday at St. Joseph's Hospital to Mr. and Mrs. Edward Macdonald, of 11 Macdonald Avenue. The healthy infants, as yet unnamed, measure a boy, six pounds, also named, a girl, four pounds, 11 ounces, and another girl, six pounds, two ounces. —Photo by Jack Morrison

Mary Margaret George '53



St. Joseph's Nurses Receive Caps, Bands

The capping of 55 student nurses, after completing five months of preliminary training before being accepted into the School of Nursing at St. Joseph's Hospital; and the presentation of black bands to 18 students who are entering their senior year of training, drew on Thursday evening many in attendance, the nurses' residence. Sister M. Geraldine, superintendent of the hospital, presented the caps, Sister M. Bonaventure, superintendent of nurses, conducted the reciting of the Florence Nightingale pledge.

The program opened with a picturesque candlelight procession, led by the 1952 graduating class, followed by the new senior class, and then by the preliminary students. The class Glee Club sang, O God of Loveliness, directed by Miss Shirley Davidson (who was one of the newly capped). Her work with the Glee Club is already showing gratifying results.

Miss Patricia Fletcher, Caledonia, on behalf of the student body, welcomed the students who had just been capped, into the school. Miss Alma Reid, dean of the McMaster School of Nursing, who was speaker of the evening, paid high tribute for their years of service to the Sisters of St. Joseph, whose centenary year it is.

Miss Reid congratulated the parents whose daughters are now in the nursing profession, and emphasized the responsibility they owed to them. To the newly capped students Miss Reid appealed, urging them to pledge themselves to their noble profession. Recalling the famous and self-sacrificing women who had preceded them in the early days, Miss Reid herself especially on the work and character of Jeanne Mance, who had come from France, to practice her profession of mercy in Montreal; and Agnes Saviely, of the General Hospital, Toronto.

The singing by the Glee Club of May the Good Lord Bless and Keep You, ended the program, after which a social evening, with refreshments, was spent.

Get Black Bands 1953

Those receiving black bands were Joan Lynn, Dunnville; Patricia Styres, Oshawa; Teresa Kingston, Welland; Helen Reimer, Vineland; Agnes Clark, Hamilton; Edna Johnston, Fort Colborne; Ruth Haines and Mary Costie, Hamilton; Betty Smith, Hagersville; Dorothy Saunders, Beamsville; Irene Zowada, Hamilton; Bernice Grecuile, Toronto; Daphne Edmundson, Wainpigi; Emma Bognar, Welland; May Hauser, Guelph; Collen Birmingham, Niagara Falls.



The student nurses at left, and at right, received their black bands; and the two middle ones were capped, at the St. Joseph's Hospital School of Nurses ceremonies. Left to right they are: Miss Agnes Clark, Hamilton; Miss Marilyn Laur, Niagara Falls; Miss Grace Carpenter, Hamilton; Miss Mary Costie, Hamilton. —Ormont photo.

Agnes Clark '53	Mary Lou Laur '54	Grace Carpenter '54	Mary Costie '53
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Sister M. Geraldine, Superintendent of the Hospital presented caps to 55 student nurses after they had completed 5 months of preliminary training before being accepted into the St. Joseph's School of Nursing.

She then presented black bands to the 16 students who were entering their senior year of training.
Sister M. Bonaventure Superintendent of Nurses, conducted the reciting of the Florence Nightingale Pledge.
The program opened with a candlelight procession led by the 1952 graduating class, followed by the new senior class and then by the preliminary students.
A social evening with refreshments followed the program.

Those receiving black bands were Joan Lynn, Patricia Styres, Teresa Kingston, Helen Reimer, Agnes Clark, Edna Johnston, Ruth Haines, Mary Costie, Betty Smith, Dorothy Saunders, Irene Zowada, Bernice Grecuile, Daphne Edmundson, Emma Bognar, May Hauser, & Collen Birmingham.



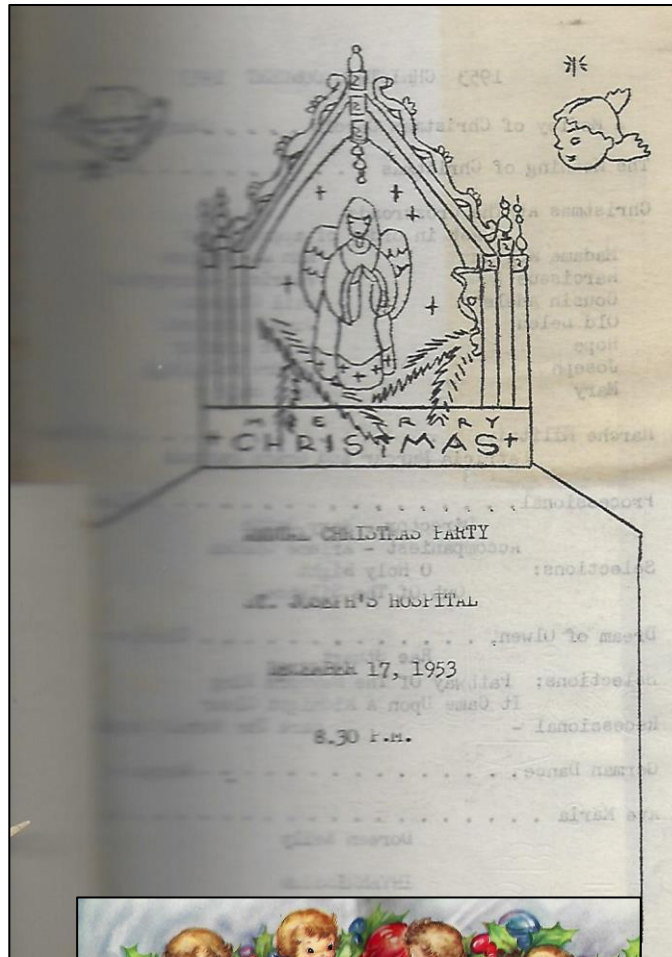
Beverly Barnes, Vyvyan Dermody



1st Archive Committee 1994 – 1998
Margaret Brown '53, Edith Firmi '51, and Frances Twist '45



Pauline Cramp Lepinskie '53
Pauline was a graduate with the class of 1953. She was awarded a scholarship for post graduate work in nursing education at the graduation ceremonies 1954.
She married Dr Fred Lepinskie (anaesthetist) and they raised 4 daughters.
She graduated from the University of Western Ontario and went on to care for patients and teach nursing students at St Joseph's Hospital in Hamilton.
Pauline loved to garden, swim in her pool, play cards, spend time in Southampton entertaining, cooking and baking. She loved all things sweet and chocolate, the colour pink and all animals.



1953 CHRISTMAS CONCERT 1953

- A Medley of Christmas Carols Margaret Card
- I The Meaning of Christmas Rae Stuart
- II Christmas At The Crossroads
Cast in order of appearance:
Madame Morvan Ann Lo Schiavo
Narcissus Patricia Andreychuk
Cousin Adele Gail Chapman
Old Leleu June Nicholson
Hope Alice Proctor
Joseph Diedre McCullagh
Mary Mary Buck
- III Marche Militaire Schumann
Patricia Murcar and Grace Paddock
- IV Processional Silent
Director - Mary Smith
Accompanist - Arlene Chaika
Selections: O Holy Night
Out Of The Silence
- V Dream of Olwen Charles Villiers
Rae Stuart
- VI Selections: Pathway Of The Newborn King
It Came Upon A Midnight Clear
Recessional - Hark The Herald Angel
- VII German Dance Margaret Card
- VIII Ave Maria Doreen Kelly
- INTERMISSION

IX Charleston

Patricia Gordon
Rae Dane

Barbara Maclean
Diedre McCullagh

X The Farmer's Daughter

Cast in order of appearance:

Announcer	Arlene Gravelle
Herman	Patricia Rosehart
Matildy	Nora Carter
Bessie	Marilyn McColl
Villain	Patricia Gordon
Homer	Catherine Fraser
Fuller Brush Man	Lois Goodbrand

XI Tap Dance Just Another Polka
Villa Marie McDermott

XII Choral Selections:

You'll Never Walk Alone
Surrey With The Fringe On Top
Sleigh Ride

The Class of 1956 - 82 Stars, generously contributed to the concert in programme arrangement, the cast, the costumes, decorations, music compositions, ushers and servers, including the members behind the scenes. We also would like to thank the Sisters and capped students for their time and assistance.

Chairman	-	Patricia Boyington
Costumes	-	Barbara Brown
Scenery &		
Decorations	-	Zaiga Gerdels

Emulate the Queen, Graduate Nurses Told

Hamilton, May 27 (Staff).—Brilliant sunshine favored the green lawns about the Cathedral of Christ and the campus of McMaster University today, when 140 young nursing graduates of St. Joseph's Hospital and Hamilton General Hospital received diplomas and pins.

At the university, 80 graduates bearing red roses tied with blue bows, heard the addresses from Dr. A. A. Numbers, chief of the General Hospital medical staff, and Dr. G. P. Gilmour, president of McMaster.

In the Basilica auditorium, 62 graduate nurses from St. Joseph's Hospital and Hamilton General Hospital, urged by Most Rev. Joseph F. Ryan, Bishop of Hamilton, to emulate the virtuous dignity of Queen Elizabeth.

"I would like each of you to fashion your life after that of this great young lady who in a few days will take her rightful place at the head of our great Commonwealth."

The following graduated with prizes at General Hospital exercises:

Nancy Ogg, Guelph, general proficiency; Shirley Stout, Dundas, highest standing in theory; Doris Forberg, St. Thomas, efficiency in bedside nursing; Doreen Evenden, Hamilton, medical nursing and examination; Margaret Ryerse, Port Dover, highest standing in examination in all medical nursing subjects.

Darlice Brown, Grand Valley, McIlwraith Memorial Prize for obstetrics; Reta Harrison, Hamilton, highest standing in surgical nursing and examination; Helen Sawadsky, Vineland, prize for surgical technique; Ruth Bender, Waterloo, highest standing in gynaecological nursing and examination; Lois Eastman, Burlington, and Elizabeth Miller, Galt, highest standing in eye, ear, nose and throat examination.

Kathleen Wilson, Merriton, pediatric nursing and examination; Doris Forberg and Pauline Long, London, highest standing in urological nursing; Ruth Robson, Burlington, prize for student leadership; Sally Cristoforo, IOBE prize for intermediate year proficiency.

Prize-winning graduates from St. Joseph's Hospital:

Olga Murmylyk, Hamilton, general proficiency; Daphne Edmundson, Brantford, efficiency in bedside nursing; Elizabeth Todd, Brantford, examination in medicine; Marguerite Ross, Hamilton, medical nursing and practice; Sheila Moffat, Hamilton, examination in anaesthesia; Genevieve Pawlus, Hamilton, obstetrical nursing and examination; Betty Smith, Oshawa, prize for communicable disease examination.

Dorothy Gibson, Toronto, surgical nursing and examination; Anne Brennan, St. Catharines, gynaecological nursing and examination; Anna Koebel, Port Colborne, pediatric nursing; Gretchen Nerlich, Sheffield, anatomy and physiology; Barbara Devereux, Brantford, pathology and orthopedic examination; Helen Reimer, Vineland, public health nursing; Marion Stevenson, Aldershot, examination of diseases of the eye.

Mary Kowalik, Hamilton, examination in diseases of ear, nose and throat; Jeanne Wadel, Cayuga, Canadian nurse award for professional development; Mary Lou Laur, highest standing in theory, intermediate year; Myrna Reid, highest standing in theory, first year; Doreen Richardson, RN, and Aileen McPhail, RN, post-graduate work in nursing education.

St. Joseph's Graduates Win Variety Of Prizes

Prizes will be presented to 18 young women at St. Joseph's Hospital School of Nursing graduation on Wednesday, May 27, for outstanding work during their course of training.

The award winners are: Doreen Richardson, Reg. N., 1952, scholarship for post-graduate work in nursing education, given by St. Joseph's Hospital Auxiliary, presented by Mrs. J. E. O'Brien; Aileen McPhail, Reg. N., 1951, scholarship for post-graduate work in nursing education, given by St. Joseph's Hospital Alumnae, presented by Miss Marjorie Donovan; Olga Murmylyk, prize for general proficiency, given by Dr. L. L. Playfair, presented by Miss Elda Olivier; Daphne Edmundson, prize for efficiency in bedside nursing, given by Dr. Frank Woodhall, presented by Mrs. Woodhall; Elizabeth Todd, prize for examination in medicine, given by Dr. W. P. Downes, presented by Mrs. Downes; Marguerite Ross, prize for medical nursing and practice, given in memory of the late Dr. Orton J. Newell, presented by Mrs. Newell; Sheila Moffat, prize for examination in anaesthesia, given by Dr. R. J. Fraser, presented by Mrs. Fraser; Genevieve Pawlus, prize for obstetrical nursing and examination, given by Dr. G. J. Quigley, presented by Mrs. Quigley; Betty Smith, prize for communicable disease examination, given by Dr. A. C. Martin, presented by Mrs. Martin; Dorothy Gibson, prize for surgical nursing and examination, given by Dr. Kenneth Murray, presented by Miss Julie Ann Murray; Anne Brennan, prize for gynaecological nursing and examination, given by Dr. Allan Hollinrake, presented by Miss Ruth Hollinrake; Anna Koebel, prize for paediatric nursing and examination given by Dr. Meyer Carr presented by Miss Geraldine Carr; Gretchen Nerlich, prize for anatomy and physiology, given by Dr. W. A. Weaver presented by Mrs. Weaver; Barbara Devereux, prize for pathology and orthopaedic examination, given by Dr. J. E. Tilden, presented by Mrs. Tilden; Helen Reimer, prize for public health nursing, given in memory of the late Dr. James Roberts, presented by Dr. L. N. Roberts; Marion Stevenson, prize for examination in diseases of the eye, given by Dr. Morley A. Weaver, and presented by Mrs. Weaver; Mary Kowalik, prize for examination in diseases of the ear, nose and throat, given by Dr. William Love, presented by Mrs. Weaver; Jeanne Wadel, Canadian Nurse Award for professional development, given by the Canadian Nurse Magazine, presented by Miss Jane Grant.

A prize for highest standing in theory, intermediate year, is given by the Margaret Gage Burkholder, Chapter, I.O.D.E. and will be presented by Mrs. A. F. Burns to Miss Mary Lou Laur, while another prize for highest standing in theory in first year, given by Dr. F. B. Bowman, will be presented by Miss Ruth Moore to Miss Myrna Reid.

There were 62 graduates in the class of 1953.

Graduation ceremonies were held in the auditorium of the Cathedral of Christ the King. The platform was decorated in royal colours with baskets of flowers in red and gold, the picture of the Queen having a central position surrounded with the royal crown and other emblems.

Bishop Ryan commented that in a few days June 2, 1953, they would witness the coronation of Her Majesty Queen Elizabeth 11.

The opening prayer was given by Rt. Rev. J. A. O'Brien.

Dr Downes, chief of staff, was the chairman for the ceremony.

Bishop J. F. Ryan congratulated the Sisters and all who had a part in the training of the largest class ever to graduate at St Joseph's.

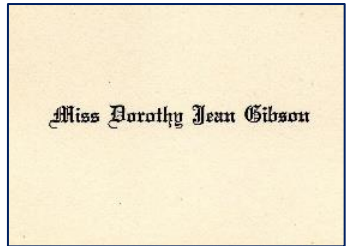
Dr Downes noted the Sisters of St Joseph are establishing a hospital in Brantford.

A valedictory address was given by Pauline Cramp, a member of the graduating class.

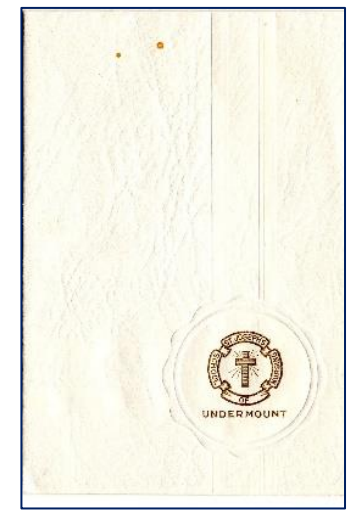
Bishop Ryan presented the diplomas.

Sister Geraldine, hospital Superintendent and Sister Bonaventure superintendent of Nurses, pinned grad pins on each graduate.

A reception followed at Undermount Nurses Residence.



Stationary for invitation to Graduation ceremonies



Lauds Queen As Example Of Best In Womanhood¹⁹⁵³

A call to the young women to pattern their lives after that of Queen Elizabeth as an example of the finest qualities in womanhood, was made by the Most Rev. Joseph F. Ryan, Bishop of Hamilton, in a stirring message in the 1953 graduating class of St. Joseph's Hospital School of Nursing, at the graduation ceremonies yesterday afternoon in the auditorium of the Cathedral of Christ the King.

Bishop's Tribute

"I am sure you will always remember your graduation day, but should any of you be forgetful at any time, you can always associate this graduation with the coronation of her Majesty Queen Elizabeth the II," said Bishop Ryan. "In a few days she will be crowned with all the pomp and tradition associated with this occasion. In the young Queen, we find all that we look for in womanhood, in dignity, in virtuousness. I urge you graduates that you think of her and try to postpone your life after her who will in a few days take on the dignity of Queen of the Commonwealth."

He recalled the message the Queen gave as a young girl during the war to the children of the world — a message of hope, encouragement and inspiration. "You also can bring a message of hope, encouragement and inspiration," he urged. "You have a most noble exemplar in Her Majesty Queen Elizabeth. Try to model your life after hers. She believes in God, like her father, who one Christmas Day bade the world to place their hands into the hands of God. She has manifested that she is above all a Christian and a virtuous woman. You also can take your place as dignified, virtuous women in the world." Bishop Ryan congratulated the Sisters and all who had had a part in the training of the largest class ever to graduate at St. Joseph's. The platform was decorated in the royal colours with baskets of flowers in red and gold, the picture of the Queen having a central position surrounded with the royal crown and other emblems.

Brantford Hospital

The opening prayer was given by Rt. Rev. J. A. O'Brien. Dr. W. P. Downes, chief of staff, was chairman, and reminded those crowding the auditorium of the largeness of this year's class of 62 graduating nurses, and also noted the recognition given by government and medical authorities of the high standard of training provided at the hospital. He also congratulated Brantford folk present on the fact that the Sisters of St. Joseph are establishing a hospital there.

A valedictory address was given by Miss Pauline Cramp, one of the graduates.

Congratulations were extended on behalf of the mayor by Controller Sam G. Baggs, and for the Academy of Medicine, by the president, Dr. Ambrose J. Liston. In a brief address, Mr. J. M. Pigott, chairman of the Hospital Advisory Board, said that he had the greatest admiration for the Sisters of St. Joseph. He said that he was amazed at both the courage and audacity of these women, who in a world view were inexperienced, and yet who had the courage to attack big projects and to always come through with success.

Eternal Values

"Our lives are valuable in the eyes of God only to the extent that what we do is done with and for the love of God," said the Rev. W. P. Murphy, of St. Charles Gardiner Church, in addressing the graduating class. He said that this could be a reality, and not just a cloudy, vague thing. But it was real only to the extent that as individuals each person dedicated his life to the service of God above all. "His estimate of the value of things is not always ours or that of world authorities. Achieving renown in profession is not in itself an achievement of eternal value.

Remuneration or even humanitarian ideals are not the ultimate objective — all is of little value unless dedicated to God, but the person who does dedicate his life to God will be given a full life here and also for hereafter."

Bishop Ryan presented the diplomas while the pins were pinned on each graduate by Sister Geraldine, hospital superintendent, and Sister Bonaventure, superintendent of nurses. The prize-winners also received their awards.

Mrs. Gordon L. Burjaw provided organ music during the ceremony, and while the guests were gathering, played appropriate patriotic numbers.

A reception followed at Undermount Nurses' Residence, St. Joseph's Hospital.

Graduating Exercises

1953



ST. JOSEPH'S HOSPITAL

School of Nursing

AUDITORIUM

CATHEDRAL of CHRIST THE KING
King Street West

Wednesday, May 27th, at 3:00 p.m.

Programme



Opening Prayer

THE RIGHT REVEREND J. A. O'BRIEN, D.P.

Organ - - - - - O Canada
Organist—MRS. G. L. BURJAW, A.T.C.M.

Chairman

W. P. Downes, B.A., M.D.C.M. - Chief of Staff
Valedictory - - - - - Pauline Cramp

Presentation of Diplomas and Pins by

HIS EXCELLENCY
THE MOST REVEREND JOSEPH F. RYAN, D.D.
Bishop of Hamilton

Addresses to Graduating Class

CONTROLLER S. G. BAGGS
Representing His Worship Mayor Jackson

AMBROSE J. LISTON, M.D.
President of The Hamilton Academy of Medicine

J. M. PIGOTT, K.C.S.G., C.B.E.
Chairman of the Hospital Advisory Board

THE REVEREND W. P. MURPHY, S.T.L., P.P.
St. Charles Garnier Church



Presentation of Awards

GOD SAVE THE QUEEN

Programme

Scholarship for Post-Graduate Work in Nursing Education
Given by St. Joseph's Hospital Auxiliary.
Presented by Mrs. J. E. O'Brien.
DOREEN RICHARDSON, Reg. N., 1952

Scholarship for Post-Graduate Work in Nursing Education
Given by St. Joseph's Hospital Alumnae.
Presented by Miss Marjorie Donovan.
AILEEN McPHAIL, Reg. N., 1951

Prize for General Proficiency
Given by L. L. Playfair, M.D., F.R.C.S. (E).
Presented by Miss Elda Olivieri.
OLGA MURMYLYK

Prize for Efficiency in Bedside Nursing
Given by F. Woodhall, M.B.
Presented by Mrs. Woodhall.
DAPHNE EDMUNDSON

Prize for Examination in Medicine
Given by W. P. Downes, B.A., M.D.C.M.
Presented by Mrs. Downes.
ELIZABETH TODD

Prize for Medical Nursing and Practice
Given in Memory of the late Dr. Orton James Newell.
Presented by Mrs. Newell.
MARGUERITE ROSS

Prize for Examination in Anaesthesia
Given by R. J. Fraser, M.D., L.M.C.C.
Presented by Mrs. Fraser.
SHEILA MOFFAT

Prize for Obstetrical Nursing and Examination
Given by G. J. Quigley, M.D., M.R.C.O.G., F.R.C.S. (C).
Presented by Mrs. Quigley.
GENEVIEVE PAWLUS

Prize for Communicable Disease Examination
Given by A. C. Martin, M.B.
Presented by Mrs. Martin.
BETTY SMITH

Prize for Surgical Nursing and Examination
Given by K. Murray, M.D., M.S. (Surg.), F.R.C.S. (C).
Presented by Miss Julie Ann Murray.
DOROTHY GIBSON

Prize for Gynaecological Nursing and Examination
Given by A. Hollinrake, B.A., M.D., F.R.C.O.G.
Presented by Miss Ruth Hollinrake.
ANNE BRENNAN

Prize for Paediatric Nursing and Examination
Given by M. Carr, M.D., D.C.H. (E), M.R.C.P. (S), F.A.A.P.
Presented by Miss Geraldine Carr.
ANNA KOABEL

Prize for Anatomy and Physiology
Given by W. A. Weaver, M.D.C.M.
Presented by Mrs. Weaver.
GRETCHEN NERLICH

Prize for Pathology and Orthopedic Examination
Given by J. E. Tilden, M.D.
Presented by Mrs. Tilden.
BARBARA DEVEREUX

Prize for Public Health Nursing
Given in Memory of the late Dr. James Roberts.
Presented by Llewellyn N. Roberts, M.D., D.P.H.
HELEN REIMER

Prize for Examination in Diseases of the Eye
Given by M. Weaver, D.A.M.D.C.M.
Presented by Mrs. Weaver.
MARION STEVENSON

Prize for Examination in Diseases of the Ear, Nose and Throat
Given by Wm. Love, M.A., M.D., C.M.
Presented by Mrs. Love.
MARY KOWALIK

Canadian Nurse Award for Professional Development
Given by The Canadian Nurse Magazine.
Presented by Miss Jane Grant.
JEANNE WADEL

Prize for Highest Standing in Theory—Intermediate Year
Given by Margaret Gage Burkholder Chapter, I.O.D.E.
Presented by Mrs. A. F. Burns.
MARY LOU LAUR

Prize for Highest Standing in Theory in First Year
Given by F. B. Bowman, M.D., F.R.C.P. (C).
Presented by Miss Ruth Moore.
MYRNA REID

St. Joseph's School Of Nursing 1953 Graduates

✻ 1953 Graduates ✻



MARY JOAN COSTIE	HAMILTON, ONT.
BETTY SMITH	OHSWEKEN, ONT.
DAPHNE EDMUNDSON	BEULAH, MAN.
IRENE PATRICIA ZAWADA	HAMILTON, ONT.
AGNES MAY CLARK	HAMILTON, ONT.
HELEN REIMER	VINELAND, ONT.
JOAN EDNA LYNN	DUNNVILLE, ONT.
EDNA MARIE JOHNSTON	PORT COLBORNE, ONT.
MARY EMMA BOGNAR	PORT COLBORNE, ONT.
RUTH JOYCE HAINES	HAMILTON, ONT.
PATRICIA N. STYRES	OHSWEKEN, ONT.
MARY HAUSER	GUELPH, ONT.
DOROTHY MAY SAUNDERS	BEAMSVILLE, ONT.
COLLEEN MAVIS BIRMINGHAM	NIAGARA FALLS, ONT.
BRONE GREICIUTE	TORONTO, ONT.
TERESA LOUISE KINGSTON	FORT ERIE, ONT.
DOROTHY JEAN GIBSON	TORONTO, ONT.
OLGA HELEN MURMYLYK	HAMILTON, ONT.
BARBARA JANE DEVEREUX	BRANTFORD, ONT.
MARION ISOBEL STEVENSON	ALDERSHOT, ONT.
GRETCHEN NERLICH	SHEFFIELD, ONT.
MARY BARBARA KOWALIK	HAMILTON, ONT.
BEVERLEY JANE BARNES	HAMILTON, ONT.
BETTY McINNES	HAMILTON, ONT.
ELIZABETH EVANS TODD	BRANTFORD, ONT.
BEVERLEY NORMA JENNINGS	BRANTFORD, ONT.
JOAN BERNICE WILSON	BRANTFORD, ONT.
JOAN MARIE CONVERY	BRANTFORD, ONT.
MARY HEALEY	FONTHILL, ONT.
ANNA MARIE KOABEL	PORT COLBORNE, ONT.
ANNE THERESA BRENNAN	ST. CATHARINES, ONT.
SHEILA ALICE MOFFAT	HAMILTON, ONT.
TWILA SENSEBAUGH	DUNNVILLE, ONT.
JOAN ELIZABETH LANGFORD	WATERDOWN, ONT.
MOIRA MILLAR McCULLOUGH	DUNNVILLE, ONT.
GENEVIEVE PAWLUS	HAMILTON, ONT.
BEVERLEY ANNE WARRICK	BURLINGTON, ONT.
CATHERINE ELLEN McDONALD	ANCASTER, ONT.
DOROTHY JANE THOMPSON	PORT COLBORNE, ONT.
MARGARET MARIE BROWN	NIAGARA FALLS, ONT.
THERESA MARIE DAMORE	NIAGARA FALLS, ONT.
PAULINE ANN CRAMP	DUNDAS, ONT.
MARY MARGARET SIMPSON	HAMILTON, ONT.
YVONNE MEHLENBACHER	HAMILTON, ONT.
BARBARA JOYCE PARKINSON	HAGERSVILLE, ONT.
JENNY MARY PASTUSZAK	HAMILTON, ONT.
DOROTHY JEAN GARVEY	PORT ROWAN, ONT.
MARGUERITE ROSS	HAMILTON, ONT.
VYVYAN CLARE DERMODY	HAMILTON, ONT.
MARLYN BABE ERICKSON	HAMILTON, ONT.
MARGERY HENDERSON	NIAGARA FALLS, ONT.
EILEEN MARIE NUGENT	HAMILTON, ONT.
MARGARET ROSE McINNES	HAMILTON, ONT.
RUTH CATHERINE McLEAN	PUSLINCH, ONT.
DOROTHY BARKER	SIMCOE, ONT.
JEANNE LEONA WADEL	CAYUGA, ONT.
SYLVIA RENN STEWART	HAMILTON, ONT.
LILLIAN VAN HORNE	HAMILTON, ONT.
GEORGINA JOYCE BECKETT	HAGERSVILLE, ONT.
MARGARET ANNETTE SCANLAN	HAMILTON, ONT.
MARY LUELLA GAVARD	ST. CATHARINES, ONT.
MARY MARGARET GEORGE	HAMILTON, ONT.

Nurses Will Receive Prizes Tomorrow



Those receiving prizes at the graduation of St. Joseph's Hospital School of Nursing, left to right — top row, Doreen Richardson, Reg. N., 1952; Aileen McPhail, Reg. N., 1951; Olga Murmylyk, Daphne Edmundson, Elisabeth Todd, Marguerite Ross; middle row, Sheila Moffat, Genevieve Pawlus, Betty Smith, Dorothy Gibson, Anne Brennan, Anna Koabel; bottom row, Gretchen Nerlich, Barbara Devereux, Helen Reimer, Marion Stevenson, Mary Kowalik, Jeanne Wadel.—Beckett photos.

PRIZE WINNERS 1953

TOP ROW

left to right	Doreen Richardson Reg. N. 1952	scholarship for post graduate work in nursing education
	Aileen McPhail Reg. N. 1951	scholarship for post graduate work in nursing education
	Olga Murmylyk	prize for general proficiency
	Daphne Edmundson	prize for efficiency in bedside nursing
	Elisabeth Todd	prize for examination in medicine
	Marguerite Ross	prize for medical nursing and practice

MIDDLE ROW

left to right	Sheila Moffat	prize for examination in anaesthesia
	Genevieve Pawlus	prize for obstetrical nursing and examination
	Betty Smith	prize for communicable disease examination
	Dorothy Gibson	prize for surgical nursing and examination
	Anne Brennan	prize for gynecological nursing and examination
	Anna Koabel	prize for paediatric nursing and examination

BOTTOM ROW

left to right	Gretchen Nerlich	prize for anatomy and physiology
	Barbara Devereaux	prize for pathology and orthopedic examination
	Helen Reimer	prize for public health nursing
	Marion Stevenson	prize for examination in diseases of the eye
	Mary Kowalik	prize for examination in diseases of the eye, ear, nose and throat
	Jeanne Wadel	Canadian Nurse Award for professional development

Other prizes given

Mary Lou Laur '54	prize for highest standing in theory in intermediate year
Myrna Reid '55	prize for highest standing in theory in first year

Betty McInnes '53 has recently retired after thirty-seven years of teaching Nursing at St. Joseph's School of Nursing and Mohawk College. Betty was honoured recently with a dinner at Mohawk College attended by her colleagues and several fellow Alumni from our School of Nursing.

Betty graduated from the University of Toronto, 1964 with a B.Sc.N. and Niagara University, Niagara, New York, with a M. Ed. Her career at St. Joseph's included teacher of Anatomy and Physiology, Pharmacology and Biology and the position of part time Registrar. She was innovative in establishing the learning resource center and promoting independent learning.

Chairperson for the evening was Isabel Kerr '60, colleague and former student of Betty's. She introduced Sister Virginia Hanlon '44, Director of Nursing while Betty was a student nurse, who remembered Betty as quiet, studious and academic while she was in training.

Sister Joan O'Sullivan '43, Director of Nursing, 1964-70, during the times of changes in nursing education, told the audience that Betty was involved in the Block System of teaching, 1964-67.

and later in the introduction of the integrated curriculum, 1967-70. As part of her Master's thesis, Betty improvised a self-directed learning project on vital signs. Her study involved half the students learning by traditional methods and the others by self-directed learning of the theory and skills. Betty individualized self-directed learning and pioneered the method at St. Joseph's School of Nursing. Betty later helped to plan the new curriculum for nurses at Mohawk College.

Marie Yakimoff (Andrychuk '54), a colleague of Betty's at Mohawk stated that Betty had inspired many of her colleagues to pursue further education and graduate degrees. She enriched the lives of her nursing colleagues.

Betty authored three books that have been published by C.V. Mosby - Vital Signs and Related Clinical Measurement; Controlling the Spread of Infection; and Essentials of Communicable Diseases with Nursing Principles.

A Scholarship Fund has been established in Betty's name to honour this innovative nursing educator. The award will be presented to a student for excellence in Biology, one of Betty's pet subjects. To donate to this fund, send to:

Awards Coordinator
Department of Financial Aid and Awards
Room C09 Fennell Campus
Mohawk College
P.O. Box 2034
Hamilton, Ontario L8N 3T2

Our wishes to Betty for a long and enjoyable retirement.



Betty McInnis '53



Betty McInnes 1953



ALMA MATER TOAST
Pauline Lepinskie (Cramp) '53
May 30th 2003

Good evening! Welcome to all renewing friendships and congratulations to all celebrating anniversaries, especially Sisters Joan and Mary Austin and their classmates celebrating 60 years.

I wish to take this opportunity to thank my classmates for their assistance in making this a very special day. I would also like to mention the Class of '58 whom I taught as my first class after returning from University.

August 1950, forty-seven eager faces arrived at Undermount Residence. We would be joined in February by an additional fifteen girls who formed the class of 1953. It would be the first day of a great adventure that would change our lives forever.

We were greeted by our beloved Sister Bonaventure, with her soft voice and smiling eyes. She assured us that we would be happy with the profession we had chosen. Sister also assured our parents or guardians that we would be well taken care of under the supervision of our house mother Mrs. Brian and of course, Sister Virginia who was always at the ready.

The fifties were a simple time. Frank Sinatra sang "Once upon a time the world was sweeter than we know". Activities in these days could be:

- A bus or a bike ride
- A soda in a drug store
- A day at the beach
- A date with a boy for a hamburger and a coke, and maybea kiss on the front porch!
- Dancing cheek to cheek.

Nursing school and life in residence was fun, but sometimes lonely. Our classmates became our family. Students from out of town could not get home on a day off. Many local mothers had extended families for overnights, suppers, butter tarts, and hugs. My mom was one of them as well as several others. We, as young women, bonded and formed friendships that have lasted a lifetime.

Medicine was also simpler. High-tech surgery with laparoscopes as well as transplants did not exist. Routines were strict. We grew up quickly.

Can you relate to any of the following:

- Roll call at 6:00 a.m.?
- Uniform inspection?
- Chapel at 6:00 a.m. (for some)?
- Breakfast at 6:30 a.m.?
- Wards and report at 7:00 a.m.?
- Caring for our patients with bed baths and sometimes feeding them?
- A two hour break took place during each day then lectures from 4:00 p.m.- 5:00 p.m. and 6:00 p.m.- 7:00 p.m.?
- Curfew at 10 p.m. with one day off each week?

Nurses were always hungry (and tired). Care packages a must. Some students became discouraged. The Hollywood vision of the nurse in her sparkling uniform marrying a doctor was a fantasy, although some of us did exactly that.

Do you remember:

- Sister Lioba's linen closet?
- The smoker?
- Dr. Murray's white bucks (in the O.R.) ?
- Bill Koosch (orderly)?
- Smoking on the porch at Marygrove not knowing the floor had just been painted?
- Lesley, the maintenance man at Undermount carrying large cartons of Kotex across St. Joseph's Drive (A real traffic stopper!!)?

- The night nurses sleeping quarters on "C" floor?
- Night duty on "1" Medical?
- Walking down John Street at night to the CN station to get something to eat?

All this and heaven too, and here we are, survivors and proud graduates!

Was there more respect then:

- For the sisters?
- Doctors?
- Supervisors?
- Instructors?
- Patients?
- Fellow workers?

Who's to say?

Respect is a shallow word today. We were taught to care for the entire patient, body and soul. This included the patients' loved ones as well as their belongings. We nourished in life and in death. We were angels of mercy.

Our strength was sustained by our faith and desire to serve the sick and the dying. We thank the Sisters of St. Joseph who helped us through many critical and almost unbearable situations. They reinforced the fact that it was an **honour to serve** the sick.

Some of the sisters we have known:

- Geraldine
- Mary Grace
- Ursula
- Bonaventure
- Virginia
- Mary Austin
- Ancilla
- Gabriel
- Joan
- Rose
- Eileen
- Mary Daniel
- Gerrard
- Lioba
- St. Leonard
- St. Joseph

It was due to the strength and faith of the Sisters of St. Joseph that they founded the school of nursing in 1911. A school with a long and proud history of teaching the care of the sick and the dying. Long may her memory endure.

Please stand and toast our Alma Mater, St. Joseph's School of Nursing.

I have been asked to acknowledge a letter from the St. Joseph's Healthcare Foundation, which reads as follows:

"The Class of '53 has made a donation to St. Joseph's Healthcare Foundation and also one to the C.A.P.S. Circle of Friend Group. Our classmate Barb Devereaux Cowan has formed this support group which she along with volunteers conducts in her home. We are proud of you Barb!"

We hope you enjoy the rest of your evening. Thank you.

Betty McInnes'53 was the 1st Canadian to have a book on nursing published by the C.V. Mosby Company of the U.S.
She was a faculty member at St. Joseph's School of Nursing.

She was a graduate in the class of 1953, worked at the Hamilton General Hospital for 1 year and then did private duty nursing for a year. She later obtained a Bachelor of Science in Nursing degree at the University of Toronto. That degree gave her teaching credentials. She was on the teaching staff at St Joseph's School of Nursing for several years. She completed her Master of Science degree in Education at the University of Niagara, N.Y.



Nursing book features new learning method

By MARINA CRAIG
 Women's Reporter

"It's not a very big book, but it's my first," says Betty McInnes, as she points to a slim gold- and cerise-colored volume on her desk.

Rather a humble statement, from a Hamilton woman who is the first Canadian to have a book on nursing published by the C. V. Mosby Company of the U.S. — and who has been told by the same publishers that they will be delighted to publish a second book by her as soon as she can have one ready.

Miss McInnes, who is a faculty member at St. Joseph's School of Nursing, wrote to the publishing company enquiring about copyrights for her thesis on the management of blood pressure.

The company wrote back encouraging her to broaden her topic of blood pressure into all the vital signs (temperature, pulse, respiration, blood pressure) and publish a text book on the subject.

"I first submitted the idea to the publishers last December, and the book came out last month," Miss McInnes said.

"I didn't tell anyone I was writing the book until I had confirmation that it was to be published."

She said she chose that particular publishing company because a large number of books used by the school were published by that company.

Miss McInnes is a graduate of St. Joseph's School of Nursing. She worked at the Hamilton General Hospital for a year and did private duty nursing for a year.

Later she decided to obtain a Bachelor of Science in Nursing degree at the University of Toronto. That degree gave her teaching credentials.

Miss McInnes has been on the teaching staff at St. Joseph's for several years. At present she has been relieved from teaching for a year to take up the post of audio-visual co-ordinator for the school.

Last year she completed her Master of Science degree in Education.

"The way nursing is advancing, I felt I needed a further degree, so I did my masters' at the University of Niagara, N.Y., commuting for courses twice a week."

Her thesis for the degree was concerned with programming, and her new book is set out in the programmed manner.

"Programmed instructions is a means of giving a student an organized presentation of the subject matter without the constant attendance of the teacher during the learning process," Miss McInnes explained.

"It is a method of teaching and learning that makes the learner more independent," she added.

Discussing the format of her book, Betty McInnes explained that a program consisted of a series of short, numbered statements or paragraphs called "frames."

"Each consists of factual material that is arranged in small, logical steps so that knowledge proceeds from the simple to the complex."

"It's an easy way to learn, and the students like it. It's a form of independent learning."

Miss McInnes said she hoped in a year or two St. Joseph's would be set up for independent learning.

She said her book has been accepted by the school and would be taken into the curriculum starting next year.

"Three-quarters of the staff have already ordered copies of the book. The whole staff here is really committed to the philosophy of independent learning."

St. Joseph's, she said, has an ideal opportunity for this type of curriculum because it is the only school of nursing in Ontario equipped with video tape.

Students, she said, could project films and slides for themselves and listen to tapes. In close proximity are rooms where they can go and practise the skills they have just studied.

These learning sessions, called carrels, usually run from 30 to 45 minutes.

However, Betty McInnes explained, each takes from 50 to 80 hours to make.

Miss McInnes described St. Joseph's as a "progressive school with a young faculty."

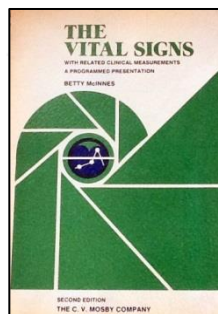
"This is the way nursing education will have to go to keep up with general education. Otherwise we won't be ready to receive students from schools using modern education techniques," she said.

Miss McInnes described independent learning as very important, since the new two-year course had been brought in.

"We can't water down the curriculum, so we have to approach it in a different manner. If we can't make the student responsible in the classroom, we cannot expect her to be responsible when she is looking after patients," the teacher said.



Mary Elizabeth (Betty) McInnes with her book.



THE VITAL SIGNS
 2nd Edition
 Printed in 1975
 Printed by C.V.Mosby

1971

New self-directed two year program began at St Joseph School of Nursing.

Students were given modules with objectives requiring knowledge, comprehension and application of information.

They identified what they needed to learn in biology, nursing and clinical nursing.

They were evaluated by pre-and post-tests based on these objectives.

The pass was 100% demonstrated in discussion with their nursing teacher as well as written exams.

To facilitate self-directed learning Betty McInnes developed many slide-tape programs and videotapes on anatomy and physiology and nursing skills to facilitate independent learning.

As well, she wrote two books "Medical Asepsis" and "The Vital Signs" which students used as independent resources to learn the theory and skill of handwashing, isolation techniques and each of the vital signs.